

Neurological Rehabilitation

Suitable for those with Parkinsons Disease, Multiple Sclerosis, any neurological condition or who have suffered a stroke. We offer specialised programs to help you strengthen and facilitate normal movement, improve cardiovascular endurance and improve cognition. We will assist you in regaining your independence and resuming day to day activities.



What is the program?

After a consultation with our Rehabilitation Specialist, an individualised program including strength and cardiovascular training will be made to help you regain independence and resume daily activities.

- 2 - 3 sessions per week
- 1.5 - 3 hours per session (depending on health fund)
- Refreshments provided
- Individual assessment and goal setting

You may have access to

- Physiotherapy
- Occupational Therapy
- Exercise Physiology
- Social Work
- Dietetics
- Hydrotherapy
- Neuro Psychology
- Speech Therapy

How do you access the program?

- Referral from your GP or specialist

Costs?

- Most costs are covered by your Private Health Hospital Cover as Day Rehabilitation (please contact us for more information as funds vary)
- Most costs covered with, DVA Gold Card, Work Cover or Third Party Insurance



Get Well, Move Well, Enjoy Life!

A stylized map of Sydney, Australia, with various suburbs marked by colored dots. The map is set against a light purple background. The suburbs shown are Minchinbury (orange), Holroyd (green), Ashfield (blue), Kirrawee (red), Manly (purple), Longueville (yellow), Randwick (orange), and Deed Wily (green).

Minchinbury

Holroyd

Longueville

Ashfield

Randwick

Kirrawee

Deed Wily

Manly



Inner West

The Sydney Private Hospital

9716 3700 | SydneyPrivate@macrehab.com.au

Northern Beaches

Manly Waters Private Hospital

9977 9977 | ManlyWaters@macrehab.com.au

Delmar Private Hospital

8978 5287 | Delmar@macrehab.com.au

Upper and Lower North Shore

Longueville Private Hospital

9427 0844 | Longueville@macrehab.com.au

East

Eastern Suburbs Private Hospital

8383 7400 | EasternSuburbs@macrehab.com.au

South

President Private Hospital

9542 2929 | PresidentPrivate@macrehab.com.au

West

Holroyd Private

9721 6800 | Holroyd@macrehab.com.au

Minchinbury Community Hospital

9625 2222 | Minchinbury@macrehab.com.au